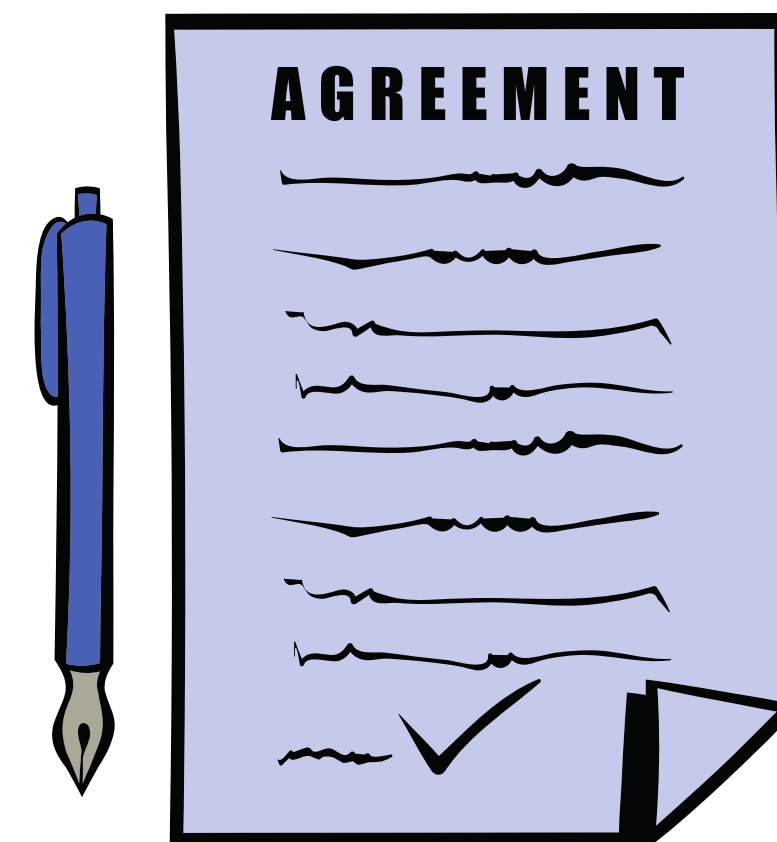


# Modifying an SDMA

A Supported Decision-Making Agreement (SDMA) is a "living document," meaning it can be changed as needed. Only the decision-maker (DM) can decide to change the SDMA.

## Reasons for Changing an SDMA:

- The DM's needs have changed.
- A Supporter can no longer help.
- The DM wants to add a new Supporter.



## Steps to Make Changes:

1. **Notify Supporters:** The DM should tell their Supporters about any changes they want to make. Even if they don't, the changes are still valid.
2. **Update the SDMA:** When the DM and Supporters agree on the changes, the DM must update the SDMA.
3. **Meet with a Facilitator (Optional):** The DM and supporters can meet with someone from SDMNY to discuss and help make the changes if they wish.

## Sharing the Revised SDMA:

- The DM should share the updated SDMA with people involved in their life, like the other supporters, healthcare providers, financial institutions, landlords, care managers, family, and friends.

## Important Considerations:

- Using a trained Facilitator can help to make sure the updated SDMA is still legally sound and reflects the DM's wishes.
- Review the SDMA annually or during life-plan meetings to see if changes are needed.
- In New York, SDMA's created without an SDMNY Facilitator are not legally recognized in the same way.